

### Emla Disclaimer

Emla cream contains two medicines called Lidocaine and Prilocaine. These belong to medicines called local anaesthetics. Emla cream works by numbing the surface of the skin for a short time. It is put on the skin before certain procedures which can feel uncomfortable; this helps to stop or relieve the pain on the skin. You cannot have Emla cream applied if you are allergic or hypersensitive to Lidocaine or procaine or any of the ingredients listed below.

Emla cannot be used on babies aged 0-12 months who are being treated with medicines called 'sulphonamides' such as sulfamethoxazole

- Are you anaemic
- Do you have any blood condition where you have reduced red blood cells
- A rare blood disease called glucose 6 phosphate dehydrogenase deficiency
- Blood pigment level changes called 'methemoglobinemia'
- Atrophic dermatitis (this condition means the skin does not need as much time to anesthetise)

Have you used medicines called?

- Sulphonamides
- Sulfamethoxazole
- Other local anaesthetics
- Medicines to treat uneven heart beats such as mexiletine or amiodarone

If you are pregnant or breast feeding you must consult your doctor before having Emla cream applied, as the cream can pass into the breast milk. Emla can have side effects, these include:

- Rash
- Feeling short of breath
- Low blood pressure, which may make you feel faint or dizzy
- Swelling on the face, lips tongue or other parts of the body
- Bluish gray skin in children, which is a very rare effect – due to lack of oxygen – if this happens the cream must be removed and seek your doctor's advice
- Pale skin where the cream has been used
- Mild itching or burning
- Small red dots where the cream is applied

Emla cream 5% contains the following:

- Active substances Lidocaine and Prilocaine, each gram contains 25mg Lidocaine and 25mg Prilocaine
- Polyoxyethylene hydrogenated castor oil
- Carbomer 974P
- Sodium Hydroxide

Purified water sign to state I have read and fully understood all of the above. I state I have no known allergies or any of the listed above health problems or using any of the above medications, or any such medications of the same type. I understand that I may have a reaction and that I am not holding Profiles responsible, as they have taken all precautions for my safety, any creams administered are at my own risk.

Signed \_\_\_\_\_

Date \_\_\_\_\_

Name (block) \_\_\_\_\_

Address \_\_\_\_\_

Tel Numbers \_\_\_\_\_

**Therapist comments and signatures**

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